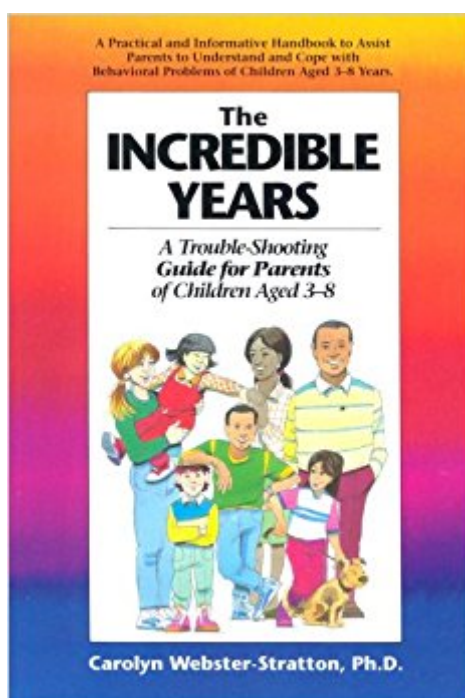


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# The Incredible Years: A Trouble-Shooting Guide For Parents Of Children Aged 3-8



## Synopsis

All children misbehave for a variety of reasons, sometimes simply to test how far they can go or to get the attention they crave. Parents unprepared for this may react with anger, more likely escalating the problem than solving it. Or, they may be overwhelmed by feelings of helplessness. The Incredible Years is a practical guide, filled with examples of everyday problem situations and concerns, and step-by-step suggestions on how to handle them. It is based on over 12 years of detailed research with more than 1000 families as well as the author's personal experience as a child psychologist, teacher and parent.

## Book Information

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## Customer Reviews

All children misbehave for a variety of reasons, sometimes simply to test how far they can go or to get the attention they crave. Parents unprepared for this may react with anger, more likely escalating the problem than solving it. Or, they may be overwhelmed by feelings of helplessness. The Incredible Years is a practical guide, filled with examples of everyday problem situations and concerns, and step-by-step suggestions on how to handle them. It is based on over 12 years of detailed research with more than 1000 families as well as the author's personal experience as a child psychologist, teacher and parent.

As a therapist I see many parents who are at their wits end in dealing with their child. This book has been very encouraging to them and is a source of fresh ideas for me. The chapters are broken down into shorter sections to make it a quick and easy read for the busy parent. I highly recommend this

book for all parents dealing with this age level.

There are tons of parenting, but few that have research evidence that they work. Don't waste your money to get bad advice in other books. This is an exceptional book.

BEWARE : DON'T USE TIME OUT FOR DISCIPLINE.Has some great advice in there, but not up to date. It recommends time outs as a discipline tool (now proven to be almost as bad as physical punishment)

As a pediatrician and a parent, this is is an invaluable book for managing kids , especially kids with ADHD. The whole beginning is about loving your kid, and as stupid as that sounds, that is what is the most important. Think to yourself, "Would I ever speak to a colleague at work this way?" It really helps you approach your kids in a much healthier fashion.

Great tools

A very simply presented guide to child rearing- you will wonder why you didn't come to this way of it yourself. But that is it's genius really. It's quite a generous book too as it takes you from terrible 2s up to teens and what's interesting is that is is a good way of treating people in general- simple, polite and respectful of your child's point of view without being manipulated. Forget all the other fancy schmancy stuff- this is The One

good price good product

This really works, even on the hubbies!Simple and to the point directions with remedies, instantaneous gratification for the child, and a breath of relief for the parents.The author is very experienced in the treatment of aggressive or troubled children, so this works wonders for the average child.

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